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| Title | **Perform hair care and designing** | | |
| Level | **2** | **Credits** | **16** |

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| Purpose | These competencies standard introduces students to basic hair care skills such as shampooing, conditioning, hair coloring, hair cutting, hair styling, hair treatments and blow-drying. It explores current hair fashions and trends and gives students an insight into some of the professional services on offer in salons. |

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| Classification ISCED | 1012 Hair and beauty services |

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| Available grade | Competent / Not yet competent |

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| Modification history | N/A |

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| **Competency Unit** | **Performance Criteria** | **Knowledge and understanding** |
| **H-1: Analyze hair.**  This unit describes the skills and knowledge required to analyze hair and scalp conditions, it requires knowledge of the types of hairs, texture of hair and factors that can affect and damage the hairs. | * 1. Identify different hair and scalp types and conditions according to industry standard classification.   2. Recognize the texture of hairs according industry standard classification.   3. Identify factors that can affect and damage the hair. | **K-1** Explain scalp types and different hair textures,  e.g. normal, dry, greasy, curly, straight, fine/flyaway, common, damaged, split ends, dull, dandruff etc.   * 1. Describe normal, oily and damaged hairs.   2. Explain reasons of damaging the hairs.   3. Explain the importance of hair analysis before treatment. |
| **H- 2: Perform Shampoo and Conditioning.**  This unit describes the skills and knowledge for performing shampooing and conditioning of hairs and scalp, while maintaining correct | * 1. Identify and select the appropriate shampoos and conditioners for different hair types.   2. Prepare the client and trolley for shampoo services.   **P-2** Apply shampoo on the client’s hair. **P-3** Perform deep conditioning method. **P-4** Perform rinsing.  **P-5** Select, apply and rinse variety of shampoos, | * 1. Explain the procedure of preparing the client for treatment: (protecting the client’s cloths, removing jewelry/accessories as appropriate, storing the client’s valuables in a safe place.)   2. Explain the procedure of shampooing according to the texture of the hairs.   3. Describe the method of conditioning on different types of hairs.   4. Describe the procedure of rinsing. |

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| temperature of water and observing occupational health and safety requirements. | according to manufacturers’ instructions.   * 1. Handle moisture from hair (squeeze hair with towel)   2. Detangle hair from point to root (minimize damage and further tangling)   3. Follow health and safety practices.   4. Execute the procedure of shampoo and conditioning with scheduled formulate time duration according to industry standards. | * 1. Explain the impact of different shampoos on different types of hairs.   2. Describe the schedule time for shampoo/ conditioning on the hairs.   3. Importance of home care advices   4. Importance of detangling from point to root (minimize damage and further tangling)   5. Explain the importance of shampooing the hairs before any treatment or style.   6. Explain the difference between shampoo and conditioner.   7. Importance of water temperature for shampoo and conditioner. |
| **H- 3: Perform Blow Drying.**  This unit describes the skills and knowledge for performing hair blowing while maintaining correct temperature and observing occupational health and safety requirements. | * 1. Identify and select the tools and equipment used for blow-drying.   2. Analyze hair type, texture, face cut and client’s demand and discuss the same with client.   3. Identify products that can be used to give extra hold or body to a blow dry.   4. Wash hair if required   5. Demonstrate the styles of blow dryer according to the client’s requirements.   6. Perform blow drying. | * 1. Explain different methods of blow draying.   2. Explain different products used for blow drying   e.g. hair spray, hair gel, and mousse.   * 1. Explain different hair drying and styling techniques e.g. scrunch drying, finger drying, setting use of curling tongs, crimping iron etc.   2. Describe different procedures of blow drying.   3. Describe standard timings of blow drying.   4. Explain the function of hair spray. |

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|  | * 1. Perform formal hair styling service on medium to long hair   2. Balance hair length and volume   3. Perform the sectioning of hair   4. Execute the procedure of blow drying with scheduled formulate time duration according to industry standards. |  |
| **H- 4: Make Hair Styles.**  This unit describes the skills and knowledge required to perform a range of current and period hair styles and techniques such as perming, straightening, rebounding, highlights, lowlights and different types of buns, braids etc for personal and professional environments such as weddings and parties etc. | * 1. Identify different face shapes.   2. Select a range of hair styles to suit different face shapes.   3. Identify factors that have an impact on hair styling including (Age of client, Occasion (marriage, party etc.), Hair texture and density, Face shape and structure, Physique / height, Market trends, Client demand.   4. Identify and select different types of materials, cosmetics, tools & equipment used for hair styling, perming, rebounding and straightening.   5. Apply rollers on short, medium and long hairs.   6. Perform hair styling with dryer. (out ward and in ward)   7. Perform backcombing, back brushing, braids, rolls, bubble buns.   8. Perform different types of buns (Basic Bun, Ballerina Bun, Ballet Bun, Double Bun, Side Bun, Braided Bun, | * 1. Explain different face shapes (oval, round, pointed etc)   2. Define different hair styles according to face shapes.   3. Importance of face and body shapes and their relationship to the principles of hair design   4. Describe different current and classic trends in hair styles.   5. Explain ideal hair conditions for styling (e.g. freshly washed hair is not usually recommended for hair styling)   6. Importance of latest trends in hair styling. Explain different types of materials, cosmetics, tools & equipment used for hair styling, perming, rebounding and straightening.   7. Explain purpose of using different types of rollers/perming rollers.   8. Explain the procedure of hair styling with dryer. |

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|  | High Bun, Low Bun, Curly Bun etc)   * 1. Perform perming (Types of perming, spiral perm, pony perm, medium perm and Negro perm.)   2. Perform compatibility test to ensure that there is no hair breakage or reaction (e.g., hair dissolves or the desired curls are not created.   3. Use perming tools to create waves/curls of different tightness.   4. Apply lotion and processing.   5. Apply neutralizer to scalp to stop the process of perming.   6. Handle the perming process carefully and apply perming lotion, neutralizer and perming rod properly.   7. Select and apply straightening and rebounding products, equipment and techniques to obtain best possible result as well as ensure safety of client’s hair.   8. Observe allergies and reactions while doing rebounding, perming and straightening.   9. Ensure comfort and safety of client and operator during all stages of the service.   **P- 17** Offer post-service maintenance and suggest home care products.  **P-18** Execute the procedure of different hair styles with scheduled formulate time duration according to industry standards. | * 1. Explain the procedure and techniques of backcombing, back brushing, braids, rolls, bubble buns.   2. Explain the procedure of perming.   3. Describe the procedure and techniques used in rebounding.   4. Describe the procedure of straightening.   5. Explain the effects and method of application of straightening lotions and rebounding lotions.   6. Explain the range of winding, chemical texturizing and straightening techniques and their effects on different haircut structures   7. Describe the list of remedies.   8. Explain contra-indications and situations where caution should be taken in providing perming process. |
| **H- 5: Perform Hair Coloring.**  This unit describes the skills and knowledge required to color hair to the desired finish and color according to proper analysis and procedures. The process is also known as dyeing or tinting. | * 1. Conduct pre-service hair scalp analysis.   2. Analyze the hair texture and natural color depth.   3. Confirm with the client the desired base color or degree of lift and tone using reference to manufacturer's color charts.   4. Perform various types of temporary, semi permanent & permanent hair colors.   5. Conduct product patch test to observe results.   6. Perform the procedure of hair coloring (Mix color, Apply hair color, herbal or chemical, Rinse off color, Apply hair conditioner)   7. Apply the dye in sections and monitor the process to ensure that dye reaches all areas of scalp in right proportion.   8. Observe appropriate time for the dye to remain in the hair according to the manufacturer’s instructions   9. Select bleach and dye that for highlights is 4-5 shades lighter than the natural color and for lowlights is closest to the natural shade   10. Perform types of lighteners.   11. Perform Special effects with hair coloring e.g. streaking, frosting, tipping, blond on blond, hi fashion, highlighting techniques.   **P- 12** Apply bleach, dye, tools and techniques to the | * 1. Explain different textures of hairs.   2. Explain different hair types; conditions and structures   3. Describe classification of color.   4. Describe range of dyes, shades and proportions of hydrogen peroxide required.   5. Explain the importance of color chart.   6. Explain the procedure of patch test and remedies.   7. Advantages and disadvantages of coloring hair.   8. Explain the procedure of hair coloring   9. Describe different hair coloring techniques.   10. Difference between highlights and lowlights.   11. Define cosmetics & materials required for special effects with coloring.   12. Explain occupational health, safety and hygiene legislation and regulations. |

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|  | satisfaction of client   * 1. Maintain the basic hand tools and workstation   2. Execute the procedure of different hair coloring techniques with scheduled formulate time duration according to industry standards. |  |
| **H- 6: Perform Hair Cutting.**  This unit describes the skills and knowledge required to cut hair in both classic and current hair styles on long/short/medium length hair. It requires knowledge of the design elements and skills to apply these elements to create finished hair designs. | 1. **1**Demonstrate different haircuts according to the requirement of the client.    1. Help choose appropriate hairstyles for customers according to their lifestyle, hair texture, face shape, features as well as client’s demand.    2. Select appropriate tools and techniques to achieve planned haircut finish.    3. Sterilize tools and implements.    4. Sectioning and blocking the hair according to required hair cut. (Section top, crown, nape and sides for achieving desired effects)    5. Perform basic hair cutting for short, medium and long length hair. (Boy cut, blunt cut, Deep U, Shallow U, Cutting for layered effect, Mushroom cut, Wedge cut and Men’s cut)    6. Handle tools and equipment used for cutting safely.    7. Clean and maintain hair cutting /dressing tools    8. Execute the procedure of different haircuts with scheduled formulate time duration according to industry standards. | * 1. Explain different haircuts.   2. Explain different hair cutting techniques in terms of hair lines, texture, density and layer.   3. Importance of sectioning the hairs.   4. Explain the procedure of sectioning for haircut.   5. Importance of handling hair cutting tools and their maintenance   6. Describe different precautionary measures, health and safety regulations   7. Explain different classic and modern hair styles |

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| **H- 7: Perform Hair Art.**  This unit describes the skills and knowledge required to perform a range of current and period hair art styles such as hair extensions, hair decorations, different fantasy hairs according to themes, for personal and professional environments such as weddings and parties etc. | * 1. Discus different hair designing trends with the client.   2. Select hair extension concepts to match facial features, natural hair and client requirements, and inform the client accordingly   3. Perform hair extensions.   4. Maintain a balance between natural and extended hair   5. Remove existing hair extensions where required, according to salon procedures and product instructions   6. Perform different types of hair braids.   7. Perform different types of fantasy hairs according to theme.   8. Decorate hairs with beads, flowers, small hair clips, glitters, diamantes etc   9. Execute the procedure of different hair art techniques with scheduled formulate time duration according to industry standards. | * 1. Explain different trends for hair designing.   2. Explain procedure and techniques of hair extension.   3. Explain the procedure of different hair braids.   4. Explain types of hair and synthetic fibers used in hair extensions.   5. Define hair extensions, their components and application   6. Explain minimum and maximum recommended durations for which hair extensions can be retained   7. Explain maintenance requirements for hair extensions   8. Explain the procedure and techniques of different types of fantasy hairs according to theme. |
| **H-8: Perform Hair Treatments.**  This unit describes the skills and knowledge required to propose and apply hair treatment | * 1. Identify different hair treatments according to the different types of hairs.(Dry/ damaged, hair loss, anti dandruff treatments, oily, tinted)   2. Examine and analyze hair and scalp.   3. Provide hair treatment with high frequency hair treatment machine. | * 1. Explain hair treatment techniques and products / equipment and their effect on the hair and scalp   2. Importance of different suitable products used for the treatment of the hairs, available in market.   3. List of remedies for contraindications. |

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| procedures according to the symptoms and appearance of a range of normal and abnormal hair conditions. | * 1. Select suitable products used for the treatments of different types of hairs.   2. Demonstrate contraindications for the treatment of different types of hairs.   3. Perform different hair treatments.   4. Perform dry/damaged hair treatment   5. Perform anti dandruff treatment   6. Perform oily hair treatment.   7. Apply health measures in relation to contagious disorders of the hair and scalp  1. **11**Recommend beneficial home care products and remedial action    1. Apply standard infection-control precautions    2. Execute the procedure of different hair treatments with scheduled formulate time duration according to industry standards. | * 1. Explain the procedures and techniques of different hair treatments.   2. Describe the procedure of dry/damaged hair treatment.   3. Explain the procedure of anti dandruff treatment.   4. Explain the procedure of oily hair treatment.   5. Explain occupational health, safety and hygiene legislation and regulations. |